

METHOD OF PREPARATION – SINDHI
MUTTON BIRYANI

VERY IMPORTANT: No need to add Salt, Red chilli, Ginger, Garlic or anything else apart from the ingredients given below. Increase all quantities proportionally for serving more than 6 persons. Follow instructions given below as it is for best results.

Ingredients required for 6 persons .

Mutton with bones.	1 kg / 2.2 lbs
Rice Basmati (take good quality old rice)	1 Kg. / 2.2 lbs
Onions	300 Gms / 10.5 oz / 4 to 5 medium
Enough for deep frying onions	Cooking oil
Cilantro leaves/Kothmir/Hara Dhania	1 small bunch / 10 twigs
Mint leaves/Pudina	1 small bunch / 10 twigs
Potatoes (4 Medium)	200 gms / 7.05 oz
Tomatoes (4 to 5 Medium)	200 gms / 7.05 oz
Dried Plums / Alu Bukhara	7 pieces
Green Chillies	3
Yogurt / Curd	250 Gms / 8.8 oz
Milk	125 ml / 1 Tea cup
Lemon	Juice of 1 Lemon
Ustad Banne Nawab's Sindhi Mutton Biryani Masala	1 packet

STEPS OF COOKING:

1. Wash and soak rice for at least half hour.
2. Heat oil in a pot and deep fry onions till golden brown. Remove and keep aside and crush them after they dry.
3. Slice tomatoes and potatoes, fry them separately and keep aside.
4. Take entire Masala of pouch no. 1 and make a paste by adding 50 ml water and apply thoroughly to the mutton and keep aside.
5. In a **pressure cooker** take 75 ml oil left after frying the onions, add the mutton mixed with Masala and on high flame fry for about five minutes stirring continuously.
6. Add yogurt / curd and cook for another five minutes till the rawness of the yogurt / curd goes. Add the dried plums, close lid and pressure cook till third whistle. **Reduce flame to low** and cook for 15 minutes if meat is tender, otherwise cook for another 5 to 10 minutes. Close stove and let cooker cool down.
7. Open lid of cooker, pour entire contents of pouch no. 2 and add whole green chilies, fried onions, cilantro / kothmir / hara dhanya and mint leaves / pudina, potatoes, and tomatoes, mix and **cook on low flame for about 2 to 3 minutes only.**
8. Take 3 liters of water in a big pot and let it come to a complete boil. Add entire contents of the third remaining pouch in the water and **cook till rice is almost done**, stirring occasionally.
9. Drain rice thoroughly and spread half of the rice on the bottom of a pan. Add entire cooked mutton and spread evenly over the rice and then spread the remaining half of the rice on the top of the cooked meat evenly.

10. Pour entire milk, 50 ml oil left over after frying onions and the juice of one lemon evenly on the top layer of rice, seal the pan with aluminum foil tightly and place **on a big stove on high flame till steam comes out. This process should not take more than 5 to 8 minutes.**
11. Remove pot and place a wok (tawa) and **then place pot on wok (tawa) on reduced flame so that the flame just touches the wok, for about 30 minutes. Rotate the pot on the wok (tawa) from time to time.**
12. Close stove, mix and serve hot.